

## **Abstract**

### **CHILDREN'S MOTIVATION IN ATHLETICS PREP SCHOOLS**

#### **Thesis objectives:**

The main aim of this work is to find out why children between 6 – 10 attend an athletics prep school, which kind of their motivation prevails – external or internal and how intensive this motivation is. The work should show if there are any differences between boy's and girl's motivation. The next aim is to find out what the parent's motive and aspirations are.

#### **Methods:**

In our thesis we used an explorative method of non – standardized questionnaire for collecting data and finding a kind and intensity of motivation.

#### **Objectives:**

- Background literature research concerning the motivation problems.
- Background research involving the character of 6 – 10 years old from these point of view: physiological, motor, social and psychological development and development regularity of this age.
- Background research regarding children's sports preparation practice and their training.
- Compilation of a questionnaire, collecting data and results analysis.

#### **Results:**

6 – 10 – year – old children are very motivated to attend an athletics prep school. Middle to high intensity ; of motivation predominates, external and internal motivation is on the same level. There is not any significant difference between boys and girls. Parent bring children to athletics prep schools mainly because they think that it is a good preparation for other sports, most of them do not require high performance they want their children to enjoy athletics.

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#### **Key words:**

Motivation, external motivation, internal motivation, character of children 6 - 10 years old, development specialities, athletic prep school.